



# Parental Consent & Acknowledgement of Risk

**IMPORTANT: Please read the following and sign below to acknowledge you have read and understand this document.**

PaddleFoot's programs can be intense physical and emotional experiences. Some aspects of trips and training courses may involve putting yourself in demanding situations that may be inherently risky. Please ensure you have read and understand the program your child is registered for. These risks **may** include, but are not limited to: Paddling canoes, kayaks, rafts, and swimming in Class I-III whitewater, lifting, carrying, hiking, paddling for extended periods, exposure to inclement weather, night-time travel, and other unforeseeable circumstances.

In order to minimize and manage these risks to the best of our ability, PaddleFoot Staff provide participants with clear instruction, high quality equipment and appropriate supervision. PaddleFoot has safety standards above the required industry standards. **PaddleFoot has an excellent safety record** with no severe injuries or fatalities. PaddleFoot promises to do everything possible to minimize the inherent risks of going on a canoe trip. All skills are taught in a progression, and **activities are "Challenge by Choice,"** where your child may choose not to participate. You and/or your child must do your part by:

- 1) Following all safety policies and procedures
- 2) Understanding and assuming that some of these activities are inherently risky.

I, \_\_\_\_\_, am aware and fully informed of the risks of my child \_\_\_\_\_  
(Guardian's name) (Participant's Name)

participating in this program. I grant permission for my child \_\_\_\_\_ to participate in the  
(Participant's Name)

PaddleFoot program. Furthermore, I hereby give my consent for Paddlefoot staff to make decisions regarding the evacuation and medical care of my child during the program.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date